



ESSEX NORTH SHORE

AGRICULTURAL & TECHNICAL SCHOOL DISTRICT

Student Five Day Isolation Chart

Positive Test	Return to School	Lunch in the Media Center for remainder of 10 day period
Sunday	Friday	Friday, Monday, Tuesday
Monday	Saturday (Monday Return)	Monday, Tuesday, Wednesday
Tuesday	Sunday (Monday Return)	Monday through Thursday
Wednesday	Monday	Monday through Friday
Thursday	Tuesday	Tuesday through Friday
Friday	Wednesday	Wednesday, Thursday, Friday
Saturday	Thursday	Thursday, Friday, Monday

Return to school on day 6 and once:

1. Symptoms improve
2. Fever-free without fever-reducing medicine for 24 hours

Please Note:

- Day one is the day the student tested positive. We are not considering symptom onset.
- Following the 5-day isolation period, students must mask for five additional days and eat lunch in the Media Center for the remainder of the ten day period. See the third column above.
- Students who do not meet these criteria after five days should receive clearance from either public health authority contact tracers (local board of health or Community Tracing Collaborative) or school health professionals before returning to school.
- Return to school should be based on time and symptom resolution.
- It is NOT recommended that individuals take another test prior to return.