



# ESSEX NORTH SHORE

AGRICULTURAL & TECHNICAL SCHOOL DISTRICT

Dear Parents, Caregivers, and Guardians,

I am writing to inform you that your child has been identified as an ***in school close contact of an individual who has tested positive for COVID-19 and who does not meet any of the exemption criteria.*** We cannot provide specific information about the school community member who tested positive. Please continue to monitor your child for symptoms and keep your child home if they show any symptoms or are not feeling well.

## Your child has two (2) options:

### 1. Test and Stay

- **Duration of Test and Stay:** Five (5) days from the date of exposure
- **Return to School:** Close contacts can remain in school and do not have to quarantine, as long as they:
  - Are asymptomatic.
  - Wear masks in school at all times, other than when eating or drinking. When these individuals cannot be masked (i.e., when eating or drinking) they should maintain 3 feet of distance from other individuals to the extent feasible.
  - Take a rapid antigen test (e.g., BinaxNOW) on each school day and receive a negative result. When the Five (5) days from date of exposure includes weekends or holidays, individuals should quarantine on weekends, and if they remain asymptomatic, upon return to school to school be tested immediately. If the individual remains negative, they can stay in school.
  - Conduct active monitoring for symptoms through day ten (10) and self-isolate at home if symptoms develop.

**Signup:** If you have not signed up for our school COVID test and stay program, sign up [here](#)

### 2. Quarantine at Home

- **Duration:** Quarantine is at least 5 days from the date of exposure
- **Return to School:** After five (5) days, returning on day six (6), provided that they:
  - Wear masks in school at all times.
  - When eating or drinking they should maintain three (3) feet of distance from other individuals to the extent feasible for five (5) additional days. Students will eat lunch in the Media Center to provide distancing from other students.
  - Conduct active monitoring for symptoms through day ten (10), self-isolate if symptoms develop, and adhere to strict mask use for an additional five (5) days.

We are committed to continuous communication with and support of our families. Thank you for your continued support.

Thank you,

Shannon B. Donnelly  
Principal